

August – September 2018

Volume - 3



#### September

#### Important Dates

Inter House Basketball for Girls Classes 3 to 5 will be held in the month of September, 2018



5<sup>th</sup> September - Teachers' Day Celebration

**7th September** - Celebrating International Literacy Day with members from Hope Kolkata Foundation

19th September - Peace Day Assembly in Primary Section

20<sup>th</sup> September – Class 4's assembly for parents 28<sup>th</sup> September – Class 5's assembly for parents

## Parent Teacher Meetings:

8<sup>th</sup> September - Class 2

15<sup>th</sup> September - Classes Upper Nursery and 4

22<sup>nd</sup> September - Classes 1 and 3

29<sup>th</sup> September - Classes Pre Nursery and 5



We welcome Pre Nursery teacher Ms. Ivneet Kaur to the CIS family.

Team CIS would like to thank its students, parents and teachers for contributing generously towards the stationery drive for Hope Kolkata Foundation and the Kerala Flood Relief Operations.



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# CIS IN THE NEWS!

Team CIS leads it from the front sweeping 12 awards in 'The Telegraph School Awards for Excellence 2018', leaving a mark in the history of CIS. This once again proves that CIS strives for excellence and will continue in this pursuit in the future too.

#### Awards for:

- Certificate of Honour in Excellence in Academics
- Certificate of Honour in The Award For Social Service
- Certificate of Merit in Excellence in Extra Curricular Activities
- ♣ Certificate of Merit in The Award For a School That Cares











CIS has seen a new dawn in the field of Extracurricular Activities and Social Outreach Programmes by winning honour and merit certificates in the same and also bagging the prestigious 'The School That Cares Award', which speaks volumes of the vast arena of CIS's work area that focuses on students, teachers, parents and the community outside.

Mrs. Geeta Sundas
(Geeta didi) is one of the
oldest employees of the
CIS family having joined
in 1984. With her 34
years of service in the
institution as a Grade IV
staff, she is an asset to
the organisation. She is a
caregiver in Primary and
Junior School.



The volume of her years

of service put into CIS not only speaks of her loyalty and dedication towards the organisation but also her sincerity towards her work.







Devansh Agarwal, Isabel Liao, Yugadekrit Kajaria and Franceso Bonacia (not in picture) were awarded for overall outstanding talent and outstanding talent in sports.

#### Other Awards:

- ♣ Anita Saha **The Award for Courage**
- ♣ Nandagopal Narasimhan The Award for Courage
- ♣ Mr. Narasimhan Ranganathan & Mrs.Harini Narasimhan (Parents of Nandagopal Narasimhan) The Thank You Baba-Ma Award





Teachers got together to celebrate 'The Telegraph School Awards'.

To quote Mrs. Nayar, "I believe it is you teachers along with your students, who are the true recipients of these awards that the school has won'.



It's not the team with the best players that win. It's the players with the best Team that Wins!

We congratulate the ECA team for 'The Telegraph Awards for Excellence in Extra-Curricular Activities' for the session 2017 - 18. We appreciate and thank each coach for their tireless effort and immense contribution towards the ECAs at CIS campus.

### 'Work Hard - Have Fun - Make a Difference!'

To celebrate the prestigious International School Awards, the teachers and staff of Junior School assembled in the Music Room on the 14th of August, 2018.

Mrs. Nayar congratulated teachers and Section Heads on the success of this award. She

appreciated Mrs. Sushmita Ray, the ISA Coordinator of the Junior School, who played a pivotal role in helping CIS achieve this milestone. Mrs. Tinku Yadav's coordination in the Primary Department's project was also acknowledged and much appreciated. All teachers were commended for their effort and hard work.

Last but not the least, Mrs. Nayar acknowledged Mrs. Chitra Roy, Mr. Soumen Ghosh Khan,





Mrs. Kakoli Guha and Mr. Afzal Ali, who worked behind the scenes but contributed significantly in this success.

Mrs. Nayar applauded her teachers and said, 'When there is teamwork and collaboration, wonderful things can be achieved!'

We look ahead to improve further from this baseline in creating new achievables and exhort the entire CIS community to work towards the same. Team CIS thanks its students, parents, teachers and administrative staff for their unparalleled effort in pursuit of excellence.





#### Moments with the students of Pre Nursery...



Mrs. Singh, a
pâtissière and a parent
of Pre Nursery, who
runs the confectionary,
The Rouge, visited the
students as part of
their ongoing project
of learning about
professional helpers.
The children had an
enjoyable session of
decorating their own
cupcake.

Soraiya Singh, a student proudly shared her cupcake creation with Mrs. Nayar.

Children learnt the process of making lemonade.
While they sipped, they could differentiate the sweet, sour and salty taste of the refreshing healthy drink.

Crawling through the tunnel helps the children in strengthening their gross motor skills. Children of Pre Nursery were overjoyed to use the toy tunnel, a new addition to the Primary Department.



### Plant a Tree Plant a new Life



The children of Pre Nursery planted a mango sapling in the school backyard on 29th August 2018. All the children of the Primary Department were dressed in yellow and green to witness the plantation. Thereafter, they all assembled to watch a PPT on mango and its by-products.







Mrs. Nayar, Mrs. Majumdar and Mrs. Choudhary were present to encourage the children.



# In their first assembly, students of Upper Nursery A presented two action songs related to their Science topic - "Parts of my Body" and "The Five Senses".

# 'ALONE WE ARE SMART, TOGETHER WE ARE BRILLIANT!'





A table was laid with interesting objects related to the five senses.

The children were excited to see the things to touch, taste, smell, see and hear. The soap bubbles and the sound of wind chimes especially fascinated them.





The **WIZ Spell Bee Level 1 Competition** for the session 2018-19 was held on 8<sup>th</sup> August, 2018 in the

CIS campus for Grades 1 to 5 under the supervision of the respective English Teachers.







#### -- 72 years of India's Independence --

The Primary Department had a special assembly in the Music Room on 13th August 2018 to celebrate the occasion. The assembly was beautifully anchored by Ms. Khanna.

The children of Pre Nursery, dressed in ethnic attire, sang and danced to the tune of 'Sare Jahan Se Achcha'.





The Nursery in their Tricolour Indian dress sang 'Nanha Munni Rahi Hoon', followed by the song 'Proud of My Country India'.

The pupils of Upper
Nursery B dressed in the
colours of the Indian
Flag, confidently sang
"We shall overcome" in
Hindi, English and
Bengali.





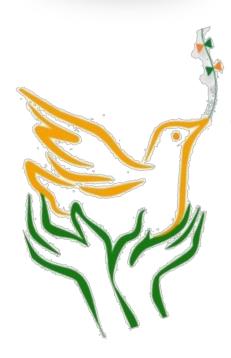
Last but not the least, the children of Upper Nursery A, dressed as 'sewadharis' of India in khaki shorts and white t shirt sang and danced to 'Tak Tak Dhum Dhum'.





Mrs. Khaitan expressed gratitude to the Indian Army by singing 'Aye Mere Watan Ke Logon'.

Mrs. Nayar wished the students and teachers a Happy Independence Day and praised each class for their brilliant performance. The assembly concluded with the singing of the National Anthem.



Junior Department of CIS celebrated India's Independence Day and National Liberation Day of Korea with great enthusiasm and national pride on 14<sup>th</sup> August, 2018.



So, to express the mutual respect that the two countries have for each other, we, at CIS celebrate India Korea Day ensemble. Children from the Hope Foundation celebrated the special occasion with our students along with their mentor and Ms. Ayantika Ray Chaudhuri, CSR Executive and Fundraiser, Hope Kolkata Foundation.

Mrs. Tania M. Roy anchored the entire event with immense enthusiasm and earnestness.

The pupils of Classes 1-5 relived and recreated India's long struggle for freedom, self-rule and sovereignty through



song, dance and drama.

Class 1 enlightened us on the 'White Revolution' and the man behind it – Dr. Verghese Kurien.
The 'White Revolution

or Operation Flood' was an initiative taken in 1970, to ensure the proper supply of milk across the country.

## The theme chosen by Class 2 was 'Hamara Hindustan'.

The young ones told the audience how our country got its name and what it means. Through mesmerizing, vivid visuals, the audience were taken on an amazing journey across India showing what makes India unique.







Freedom is dear to every living being, be it a bird or us, humans.

Class 3 conveyed this message through their enactment of a short skit called 'Liberté' along with visuals of the great freedom fighters and martyrs of India. The children kindled the patriotic feeling with the song 'Ae Watan', while some of them danced gracefully to it.



The young learners of Class 4 traced India's economic growth in pre and post - independence days. It was followed by a skit on the native Indian businessmen who were determined to make India economically self-reliant even before 1947, despite British resistance.







Class 5 presented a docu-theatre — 'The First Step' based on the life and works of the great Bengali educationist, scholar and social reformer - Ishwar Chandra Vidyasagar. The play highlighted his enormous contribution towards women's education during the 19<sup>th</sup> century and how it benefitted the later generations.



The young children of the Hope Foundation danced to the song "Saare Jahan Se Accha". It was a delightful performance!

The children said they were very happy to see so many bright colours and learnt a lot about Indian history through the performances of CIS students.



"We at Hope Kolkata Foundation are extremely thankful to CIS for giving our children a platform to showcase their talent and also for letting them enjoy a spectacular show by the children of the institution", said CSR executive, Ayantika Ray Chaudhuri.

The Korean students dressed in their colourful Korean national dress, sang a traditional Korean song, played the flute, and performed the traditional Fan dance of Korea before

an enraptured audience at the AVR.



Mrs. Nayar wished everyone on this significant occasion and encouraged every individual to be proud and responsible citizens of their nations.

# 'Service Before Self'



To make the India - Korea Day celebrations more meaningful, the Junior Section set upon a task to instil in the students, the spirit of patriotism. And what could have been a better way to do that but have a presentation on the contribution of the courageous soldiers of the Indian Army.

Mrs. Chitra Roy gave the students a first-hand insight into the life and struggle of an Indian soldier on the 7th and 8th of August 2018. The children were captivated by a video on first person accounts of Indian soldiers - on what motivates them and what inspires them to lay down their lives for the sake of the nation.





The students were then taken on an overwhelming journey of visuals on the Kargil Conflict which finally culminated in the story of two brave sons of India, Capt Vikram Batra and Colonel Sonam Wangchuk.



Mrs. Roy explained why the Indian Army is our Instrument of National Power.

'If you ever meet a brother soldier, salute him and say thank you', is what Mrs Roy concluded the session with.

This presentation on the Indian Army enabled to build an imagery of the armed forces in the young minds. In fact, it was a prelude to the Art event "Art with a Purpose" on the theme - "Your message to the Indian Soldier", that was held on 14th of August, 2018 for the students in the CIS Campus.

An event in association with Faber-Castell and NDTV highlighted feelings of true patriotism and deep gratitude.





Some highlights from the display











It was amazing to see how the young fingers created magic through their beautiful drawings, paintings and collages, conveying thoughtful messages to the brave hearts.

A big thank you and immense respect to the Indian Armed Forces!

## 'Using Plastic Responsibly'



The Indian Plastic Federation (IPF) conducted an awareness campaign for the teachers, students and staff of CIS on the responsible use of plastic and recycling.



Mrs. Sujata Ahuja, the Science Coordinator of the Junior School is spearheading the campaign to use plastics responsibly. The President of the IPF and a past parent of the school, Mr Alok Tibrewala informed the audience about various facts regarding plastic, busting the myths and false notions about pollution due to plastic on 10<sup>th</sup> and 11<sup>th</sup> August 2018.

Mrs. Sanghita Chatterjee, Senior Executive - PR and Environment, conducted an informative session with the students of Junior Section on 24th August 2018, where she showed students how to distinguish between dry and wet wastes and how they should dispose them off in separate disposal units so that the dry wastes could be recycled and reused.









Mrs. Ahuja has already started her groundwork for CIS's Campaign to dispose plastic responsibly whereby she has taken the help of the staff and cleaners of CIS who help to separate dry wastes and wet wastes at the end of each working day at school.



→ A message from IPF for all of us...

Nothing is possible unless all of us work together for a common cause. We look forward to your support in this great initiative!

## Student Development Programmes



Members of the Junior School Choir received Certificates of Participation for the Yuva Music Festival. The Choir had appeared for a guest performance at this musical event, held in July, this year.



Mr. Mukherjee conveyed to all present, the message of appreciation from the judges on the choir's brilliant performance. Bravo Junior School Choir!

## Let's Dance!

#### Flamenco Workshop

Maria Sanchez Sanz, a dance teacher, choreographer and a fusion dance performer from Segovia, conducted a three hour long dance workshop for the pupils of Classes 4 and 5 on the  $20^{th}$  of August at the AVR. In this workshop, she introduced the children to a genre of dance and music, a little apart from what the pupils are familiar with.



Spectacular in her red and black attire, Ms. Sanz showed the pupils how the Oriental and Arabic flamenco is performed, step by step and galvanized the pupils into action by making them go through all these steps group by group. She taught the pupils also how to punctuate these





graceful movements with rhythmic hand claps typical of this popular dance form from Andalusia, Spain. She gave them a background of this dance form, stimulating their evident interest further. Ms. Sanchez Sanz made the workshop wonderfully interesting by connecting herself so well with the children.



The children of Classes 1 to 3 joined the workshop to witness the final production and took part in the interactive session.





Also present at the workshop was Dr. Jorge Diego Sanchez, a professor at Salamanca

University in Spain and Mrs. Sohini Roychowdhury.



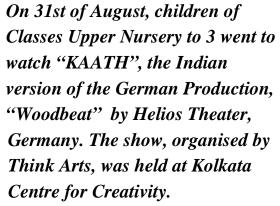
Mrs. Roychowdhury, a renowned Bharatanatyam exponent, addressed the children and said that the mission of her organization, 'Sohinimoksha' was to connect civilizations and teach young pupils the value of love and peace through the medium of music and dance.



Mrs. Nayar thanked the visitors for their time and effort to expose the children to a European dance form and to show its similarities with the Indian dance forms.













The making of KAATH has been supported by the Goethe-Institut/ Max Mueller Bhavan. KAATH is a playful exploration of wood in different shapes, sizes and various sounds. In the play, the two performers took the audience on a fascinating journey of pictures and sound of wood. They created figures, objects and tools and showed the audience what wood can become in surprisingly new ways.













### JUST PLAY. HAVE FUN. ENJOY THE GAME.

— MICHAEL JORDAN

ANNUAL SWIMMING MEET

The Annual
Swimming Meet, a
tradition of CIS for
years, was held with
its usual enthusiasm
on 28th August,
2018 at the Calcutta
Swimming Club.



Dr. Nath and Mrs. Nayar graced this pleasant occasion. The poolside was buzzing with excitement as the young participants right from Pre Nursery to 12, geared up to participate in the swimming competition. Event after event, there was a display of excellent athleticism as the swimmers dived into the inviting water and speedily made their way to the finishing



line. The
competitive
spirit of each
participant
was
noteworthy.



Students of Pre Nursery to Class 3 took part in both length and width categories. Classes 4 and 5 participated both in individual events as well as in the Relay races. Altogether, there were 88 events in the Competition this year.













There were nail biting finishes which had to be settled only by the timekeeper's stopwatch. Applause and cheers echoed across the swimming pool as the dolphins set the pool ablaze.









Everyone held their breath till
the end of the Meet when the
names of the individual
champions were announced.

Dibyesh Sanyal and
Mehr Nadir Babaycon,
of Class 3 were declared
individual champions for
scoring the highest points in
the Junior Category.







Shivika Johri of Class 4 and Samarth Vir Singh of Class 5 were the Individual champions of Group D (Classes 4 to 5) with the highest points.





Green House emerged as the winner of the Annual Swimming Meet, 2018 with 267 points.







Heartiest congratulations to all the participants!



Team Herald deeply regrets the error in Hredaan Raj Bihani's name which was misspelt in Junior School Herald July - August 2018 edition. The error has been rectified and the article is being published again.

## ON THE GREENS



#### CIS PUPILS AT THE 14TH PROTOUCH INTERSCHOOL GOLF TOURNAMENT

This year, under the leadership and initiative of Manav Bansal a golf enthusiast and keen golfer of the Senior School, young and enterprising golfers aged 7-11 years, from the Junior School took part in the Interschool Golf Tournament at the Tollygunge Club on the 17<sup>th</sup>, 18<sup>th</sup> 19<sup>th</sup> of July, 2018.

Manay, in his brief but elucidative address to the pupils of the Junior School, said that he was happy at the response from Junior School this year and wanted this to continue so that the golfing skills of the young golf players could be strengthened and a strong golf team could be built for CIS.

Mrs Nayar and
Mrs Choudhary warmly
congratulated the
winners Hredaan Raj
Bihani and Varish Mohta
who played against
La Martiniere School
under 9 Boys team to
win the trophy.

Ahan Agarwal, Shaurya Vardhan Saraogi. Samarth Vir Singh, Lakshya Agarwal also participated in the Golf Tournament. They said that though they had faced stiff competition from players of other schools, they put up a tough fight and would do better next year. They were proud to be a part of the CIS Junior School team and had had a good experience in this competition.





Row 1: Srijato Das, Varish Mohta, Ananya Almal, Atharva Baid, Advay Bansal, Parth Narayan Sahgal, Adira Singh, Hredaan Raj Bihani, Row 2: Shaurya Vardhan Saraogi, Samarth Vir Singh, Lakshya Agarwal along with Mrs Nayar, Mrs Choudhary and Manav Bansal.



### Congratulations to the young and talented golfers, Hredaan Raj Bihani and Varish Mohta of Class 2.



Varish Mohta won the IGU Golf Feeder
Tournament - Odisha
Juniors while Hredaan
Raj Bihani secured the second position in the tournament held on the 9<sup>th</sup> and 10<sup>th</sup> of August,
2018 at Bhubaneswar,
Odisha.



A billboard at Park Street Rawdon Street crossing featured the winners of the Inter School Golf Tournament with Hredaan Raj Bihani and Varish Mohta in the centre in the top row.





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## THE INTER-SCHOOL FOOTBALL TOURNAMENT FOR GIRLS

TOURNAMENT FOR GIRLS

La Martiniere for Girls School hosted the La Martiniere for Girls Soccer Tournament on 11th of August, 2018.

The CIS Junior Girls Team took part in this Tournament and made the school proud by reaching the semi-finals. They fought a close match in the semis and lost in a penalty shoot-out. The spirit of sportsmanship exhibited by the CIS girls both on and off the field was appreciated by all.

CIS congratulates each and every member of the CIS Junior Girls Team for their hard work and sportsman spirit.



Standing (R to L): Mihika Mukherjee (C), Aanya Jain, Gita Basu Mahagama, Diya Sawhney, Aarushi Sanghi

Sitting (R to L):Radhika
Banerjee, Mihiri Basu
Mahagama, Isabel Bose
Archment (Junior School),
Anoushka Shanti Ganguli
(Junior School), Isha Lodha

#### INTER-HOUSE FOOTBALL TOURNAMENT

#### FOR GIRLS



An Inter - House Football
Tournament for Girls was held for
Classes 3, 4 and 5 from 1st of
August to 7th of August, 2018.

Yellow House emerged winners of the Tournament while Green House was the runner up.



For Basketball enthusiasts, August was a busy month.

There was an Inter-Class Basketball Tournament for Boys, for Classes 4 and 5 on 6th of August, 2018. Class 5B were the winners and Class 4, the runners- up of the Tournament. There was also an Inter-House Basketball Tournament for Boys of Classes 3 to 5. This was held on 16th of August and was won by the Green House. Yellow House was

the runner - up.



### It's time to say goodbye...



CIS bade farewell to the school ECA Football coach, Mr. Yan Cheng Law on 29th August 2018. It has been an extremely fascinating journey with Mr. Law and Jishnu Sir at the helm of affairs in our Football ECA.

CIS will remain ever grateful to both of them for creating and shaping up five school teams in a span of two years and giving us so

#### many young, passionate footballers.

We appreciate their passion and dedication towards creating the girls' football teams and giving a new dimension to football in CIS. They created the ideal atmosphere for our young minds to develop a passion for the game.

We wish Mr. Law and Mr. Debjan Sengupta (Jishnu Sir) all the very best in all their future pursuits.



survivors of Child Sexual

### WORKSHOP ON

#### CHILD SEXUAL ABUSE

Mrs. Pratima Nayar, along with the Section Heads,

Mrs. Sharmila Majumdar (Primary Department) and Mrs. Neelam Choudhary (Junior Department) and the School Counsellor, Mrs. Farishta Dastur Mukerji attended a workshop organised by RACSHA (Rise Against Child Sexual Harm and Abuse) at Rotary Sadan, Chowringhee on the 1<sup>st</sup> of August, 2018.

RACSHA is a network of organisations and individuals working for the prevention, recognition, addressing and healing of victims and

Abuse (CSA).



The highlight of the workshop was a panel discussion by eminent people from different walks of life, such as –

Dr. Reena Sen, Board Member, IICP, Ms. Swati Bhattacharjee, Senior Editor, Ananda Bazar Patrika, Mrs. Hilda Peacock, Director, GEMS Akademia International School and Dr. Jai Ram, Consultant Psychiatrist.

The workshop aimed at creating awareness about CSA and bringing the school community to talk about how CSA can be handled at the school level.



Mrs. Gargi Sinha Mitra, the Special Educator at CIS, attended a two hour self-development workshop on 'Mind Gymming' on Saturday, 11th August, 2018 at the British Council.

The workshop was on gymming our minds by using the < Flip it > tool or transferable thinking that forces us to challenge and reverse our conventional pattern of thinking on what we see and believe to get the best out of everything.

It was conducted by Ms. Tumpa Sarkar, who has





been associated with the British Council as a training consultant since 2012 and has trained many professionals of various levels of management within and outside India. The session conducted through lecture, slides, videos and activities was interesting and enriching.



The Group D Staff of CIS attended a 'Productivity Enhancement Programme' on 25th August 2018 in the AVR.



- SWOT Analysis (Strength, weakness, opportunity, threat)
- Understanding the importance of change in skill development
- Communication: Interpersonal and difficult communication
- How to follow instructions effectively
- Soft Skill, Grooming and Dressing





- Office Etiquettes
- CARES PHILOSOPHY

C: Celebrate success and learn from failure

A: Aim for better

R: Respect limits

*E: Embrace positivity* 

S: Smile and stand tall



The employees were very happy to be the part of the programme and said they would like to attend such programmes in future.



A Culture of Complaint or a Culture of Gratitude?

Look Teacher, this student doesn't know how to talk politely'

'I am fed up of the traffic in this city! I wish I could live somewhere else!

Let us take a moment to think about what Robert Hughes calls the 'Culture of Complaint'.

Participating in such talk is easy because there is apparently a lot of "wrong" around us, but this kind of dialogue is destructive and often spreads quickly. Stuck in a rut of complaining, we often hold the belief that we don't need to change anything about ourselves. Worse, we remain stuck and spread our toxic attitude to others, sapping our motivation to change and making the problems seem even more difficult than they are.

Gratitude is the best way to look at the different perspective and with a attitude. We may ask ourselves: inculcate this attitude in our

It can be cultivated by us, if we for everything in our own learn by what they

observe. If we, as Y educators are aware so

YOU Can Make a Difference!

world, in a change in our how do we children?

are truly grateful lives. Children see, listen to, and caregivers and that we learn to

see the glass as half full, as opposed to half empty, we are on the right path to train the young minds to do the same. Let us all make a 'conscious' and 'aware' decision to break the rut of complaints and live with gratitude everyday in our lives!

#### Know your facts:

- Ishwar Chandra Vidyasagar encouraged John Elliot Drinkwater Bethune to establish the first school for girls in Kolkata in 1849. They were both pioneers in women's education. It was founded as a secular 'Native Female School' (for secular education of girls) in 1849 by John Elliot Drinkwater Bethune. The Government took it over in 1856, renaming it Bethune School after its founder in 1862–63. In 1879 it developed into Bethune College, the first women's college in India.
- In 1878, a student of Bethune School, Kadambani Ganguly was the first candidate to write the entrance examination of the University of Calcutta.
- Kadambini Ganguly and Chandramukhi Basu were the first female graduates from CU in 1883.
- Kadambini Ganguly was the first lady student to join Calcutta Medical College and became the first practising lady doctor in India. Chandramukhi Basu joined Bethune College as a lecturer in English and later became the first Lady Principal of the institution.
- Ishwar Chandra Vidyasagar included English and Bengali as the medium of learning besides Sanskrit.
- He allowed non-Brahmin students to get enrolment in Sanskrit College.
- He opened 35 schools for women all over Bengal and was successful in enroling 1300 female students.
- He initiated 'Nari Siksha Vandar', a fund to support women education in Bengal.
- Ishwar Chandra Vidyasagar wrote 'Borno Porichoy', an elementary level book for learning the Bengali letters of the alphabet where he reconstructed the alphabet and reformed it into typography of 12 vowels and 40 consonants. Vidyasagar's lasting legacy 'Borno Porichoy', is vastly used even today.

Contributed by: Mr. Kaushik Bose and Mrs. Tania M. Roy

We end with the thought of Walt Disney...

## If you can DREAM it You can DO it!



Archana Tewari, Neelam Choudhary, Sharbani Ganguli, Subhasree Sarkhel, Sukanya Singhal and Sushmita Ray